

SUMMER 2022

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Make a Referral

Let our caring professionals help you find the right services and resources for your patient or loved one.

 **Call**
800-743-6802

Bright Future Ahead: Kaitlyn Pushes Through Challenges to Become More Independent

Kaitlyn lights up every room she is in and motivates those around her to be their best selves. She is determined and takes on challenges like a pro. Yet, as a young girl, Kaitlyn has struggled with her speech and in performing various tasks. Her parents looked for supports that would help their daughter, so in 2015, they turned to Advanced Therapy Solutions, now operated as one of the NeuroRestorative family of services. Cindy Savage, Kaitlyn's mother, wanted to help Kaitlyn to become more independent and communicate better with those around her and her family. **"NeuroRestorative has allowed Kaitlyn to take a more active role in making her own decisions,"** said Cindy. **"I always felt that it was really important for Kaitlyn to articulate better so others can understand her. Having a speech therapist has helped her in many ways, especially her confidence. Even the little milestones make a difference."**



Kaitlyn currently meets her speech therapist, Dawn Sukis, MS, CCC/SLP, a few times a week, and all agree, this has helped her progress tremendously. Kaitlyn has expanded her writing, reading, and expressive and social language skills. She can write short letters, read and write texts on her phone, and search the internet when she has a question. **"Kaitlyn is persistent and never seems to fear something that might pose a challenge. Her interests continue to expand, and she is always asking questions so that she can do on her own,"** said Dawn.

Kaitlyn has a passion for sports and music. She was involved in her school's Special Olympics team – baseball, swim, cheerleading, basketball, and track in high school. Not only was she involved in athletics but also clubs like Girl Scouts and United Sound, playing the baritone. In January, Kaitlyn marched the Rose Parade carrying her instrument the entire 5.5 miles – it was a huge accomplishment for her and her family. Kaitlyn recently graduated high school and has goals of getting a job in the restaurant industry and becoming an actress.

At NeuroRestorative, we are proud to be a part of each child's journey to becoming more independent. If you have any questions on our clinic-based or in-home therapy supports and services, please give us a call at 800-743-6802.



Message from the President

Friends and Colleagues,

At NeuroRestorative, we believe that people can grow, learn, and be as independent as possible in the homes and communities where they live. That's why we strive to provide access to quality supports and care. I continue to be amazed by the efforts of our direct care professionals, therapists, nurses, and support staff. Because of their dedication, we are able to continue guiding and supporting individuals and their families along their health and rehabilitation journeys.

Across the country, we have expanded our Pediatric Home & Community Program to serve the needs of children and youth with medical challenges and developmental delays. In the following pages, you will read the inspiring stories of young people served by our therapists, who provide both in-home and clinic-based supports and services to improve children's skills, independence, and full participation in their communities. We are also thrilled to welcome Pediatric Partners to our team. With outpatient clinics in North Dakota and Minnesota, Pediatric Partners is a tremendous addition to our service offerings aimed at providing OT, PT, SLP, and behavioral health services for children and young adults in-home and community-based clinic settings.

I am also happy to announce that we've welcomed Michigan-based programs to our team: Resilient & Rainbow Rehabilitation Centers now operate as NeuroRestorative. The programs have strong histories of providing quality support and services. We are happy to welcome colleagues from these programs to Specialized Health and Rehabilitation to augment our locations in the state of Michigan.

In addition, we have expanded our NeuroRestorative Academy to Bloomington, IL and Erie, PA, where we are serving children and adolescents who require specialized care in a residential school setting. In these campus-based academic settings, our person-centered environment of care supports each individual to reach their highest potential.

I hope you enjoy this quarter's newsletter edition, which highlights various success stories from children we serve, a day in the life of an in-home therapist, our monthly CEU webinar series provided by our Neuro Institute, and our NeuroRestorative Heroes.

Regards
Bill Duffy
President, NeuroRestorative



Hello Friends and Colleagues,

As our NeuroRestorative family grows to serve more people in their communities, we continue to focus on quality outcomes and removing barriers to access to care. Here, we believe recovery is a process, and we have the right programs and teams to support each individual to reach their full-est potential. I'm excited to share that we will be hosting our annual Medical Director's Conference on Thursday, October 6, where we bring together more than 50 Medical Directors from across the country to hear and discuss medical practice and care in our growing supports and services.

Please enjoy this quarter's newsletter, in which you will read about the individuals we serve in our Pediatric Home & Community Program and how our team members go above and beyond to ensure they receive the best care.

Sincerely
Mel Glenn, MD
National Medical Director

Pediatric Home & Community Program

Our team of experts provides skilled therapies for infants, children, teens, and young adults with medical needs and developmental delays. We meet them where they are — in their homes, schools, day cares, and in our community-based outpatient therapy clinics.

We help children become more independent by focusing on activities of daily living, communication, social and emotional development, gross motor and fine motor development, adaptive function, and feeding and swallowing. **We provide the following supports and services for children under the age of 21:**

- Physical therapy
- Occupational therapy
- Speech therapy
- Feeding therapy
- Alternative and augmentative communication
- Behavioral supports and social work
- NICU transition services



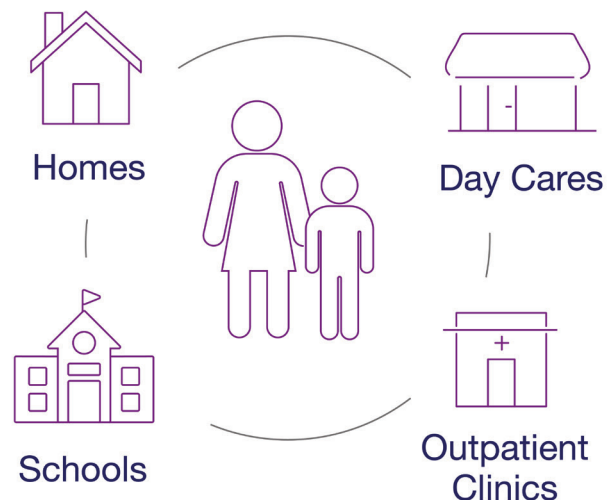
Pediatric Home & Community Program Options

Our team of experts provides skilled therapies for infants, children, teens, and young adults with medical needs and developmental delays in their homes, day cares, schools and outpatient clinics.

Locations

Our Pediatric Home & Community Program currently serves in the following locations:

- | | |
|----------------|-------------------------|
| • Dallas, TX | • Fargo, ND |
| • Chandler, AZ | • Grand Forks, ND |
| • Gilbert, AZ | • Farmington Hills, MI |
| • Bismarck, ND | • Thief River Falls, MN |



Contact us

For questions or to make a referral, please call 800-743-6802.



In-home Therapy Provides Ishaan and his Family with an Environment to Succeed

Ishaan was born three months premature. Due to immediate pulmonary concerns, he was intubated at birth. At six months old, he was placed on a tracheostomy and supported on a ventilator to assist with respiratory needs. He also received a gastric tube to assist with nutrition and gastro-intestine needs. He was in the Neo-Natal Intensive Care Unit for 10 months. When Ishaan was able to go home to his family in Irving, TX, his parents were delighted to have him home but anxious about the care and therapy attention that he needed.

Having a child with complex needs and leaving the house to make therapy appointments can be challenging and time-consuming. That's why Ishaan's parents looked into in-home therapy options for Ishaan and were referred to our in-home skilled therapy services. NeuroRestorative provides support and care for children with complex medical and developmental needs from the comfort and convenience of their own homes. Our licensed and specialty trained physical, occupational, and speech therapists were able to provide a personalized treatment plan for Ishaan to promote healthy functions within his family.

When Ishaan started our program he was not eating by mouth and was still dependent on a ventilator for breathing. He is now weaning from the ventilator but continues to rely on the tracheostomy for respiratory support. Today, Ishaan is two years old and is able to walk and interact with his family and therapists. He works with his physical, occupational, and speech-language pathologists throughout the week. With a focus on feeding techniques and skill development, Ishaan is now able to eat safely and is no longer reliant on tube feeding. Now, he is able to eat pureed foods and is exploring mixed textures, is vocalizing, energetic and has reduced his ventilator dependence to nighttime use only. He is now able to walk and climb on his own.

"It has been a joy to work with Ishaan and his family. Ishaan first started with us tethered to a ventilator learning how to roll, sit, and crawl. There were times during his therapy when he was resistant to learning new skills such as crawling and climbing but, with the help of our staff and his family's commitment, he has overcome many obstacles. His family's consistency with performing his home exercise program has been obvious as each time we introduced a new skill he has shown progress each session," said Jennifer Vasquez, Physical Therapist.

"Ishaan is our first child, so it was overwhelming at first. But, having in-home therapy has been wonderful, and we've seen so many positive changes in Ishaan over the past year. The therapists show up well prepared and follow up with me on everything so that I can practice with him at home," said Ishaan's mother, Ridhima. **"We are very grateful. I would recommend NeuroRestorative's in-home therapy supports and services for any parents going through a similar situation."**



Treva Blackman, SLP



Sabrina Cooley, OTR



Jennifer Vasquez, PT

We're hiring! Join our mission.

We're made up of caring team members dedicated to helping the people we serve grow and live well.

Scan the QR code to search for job opportunities near you!



Unstoppable: Paige Thrives in Clinic-based Therapy Setting

Paige Barratt is always making those around her smile. She is a bright girl known as “Pizza Paige” for her love of Pizza and her knack for knowing who needs a hug. Born with Down syndrome, Paige has always expressed her special and unique character to those around her. Her parents wanted to support her and provide every opportunity for her to thrive, so they turned to NeuroRestorative to provide Paige with the tools she needed to become more independent.



At the age of four, Paige came to our NeuroRestorative Arizona clinical program to work on speech therapy, feeding therapy, and occupational therapy. When Paige started to participate in our programming, she had great receptive language and non-verbal communication skills, but lacked vocabulary and it was difficult for others to understand her. The team immediately got Paige a communication device as a tool to help her express herself while they started working on speech therapy to develop her skills. The goal has always been to provide accessible communication options to help Paige express who she is. Now, four years later, she is great at communicating and shares her ideas and opinions.

“Paige is smart, funny and determined. We are currently working on literacy skills to support her written communication and she is thriving! I’ve loved helping Paige with her communication development, so she can more fully share her bright, strong and joyful self with the world,” said Elizabeth Freund, MS, CCC-SLP, Speech-Language Pathologist.

“Paige looks forward to seeing the therapists every week. Those are her people. They make learning fun,” said Paige’s mother, Kara Barratt. “What’s dramatically different about NeuroRestorative when compared to other programs is that they make sure to include our family in the process.” As a result, Paige continues to grow and learn new hobbies like dancing, swimming, and jumping on their trampoline.

Paige has made massive strides and has recently started school full-time at a local specialized charter school. She has a sister Lucy who was adopted from Ukraine in 2020 and has Down syndrome. The two are best friends and have a bond together like no other. Lucy, three, is now joining NeuroRestorative to begin therapy alongside her sister. We are thrilled to be part of Paige’s journey to independence.

A day in the Life of In-home Therapist, Nancy Estes, SLP

Born and raised in Texas, Nancy Estes decided to stay in her home state for college and attended Texas Woman’s University, where she received her bachelor’s and master’s degrees in speech. Knowing she was passionate about caring for others, Nancy joined Sage Care in Dallas, TX, now part of the NeuroRestorative family of programs as a Speech-Language Pathologist. Nancy has a love and passion for caring for children and a particular interest in feeding therapy. **“In-home therapy allows kids to be comfortable, leading to better progress. We spend hours during the week and weekend developing activities and getting items so therapy plans are individualized for each kid,”** said Nancy. Ever wonder what a typical week looks like for an in-home therapist? Nancy gives some insight:



- Wakes up at 6 am to get ready for the day. Will take time to exercise in the morning or after work
- Starts work at 8 am. Typically does 6-8 visits a day, totaling around 36 visits per week, Monday-Friday
- Usually, will see a child twice a week, but some do once a week
- In-home visits typically end around 3 pm
- Reflects on the day, takes notes, and plans for next day

“A consistent schedule is better for families because they get used to therapy at certain times. I also provide families with a monthly calendar with my therapy times as a friendly reminder,” said Nancy. **“I believe every child has amazing potential, and it is my job to give 110% effort when I work with them to help them achieve it.”** Thank you, Nancy, and all of our therapists at NeuroRestorative who go above and beyond to care for those we serve and their families!

Making Huge Strides: Braidyn Gets Excited for School in the Fall

Madisyn Rick is a Pediatric Occupational Therapist who works with children ages 2-13 who may have Autism Spectrum Disorder, Down syndrome, ADHD, emotion dysregulation, and developmental delays. She is currently providing support services for Braidyn, 7, who started services with Pediatric Partners, now known as NeuroRestorative. In 2019, Braidyn came to our program to receive the resources and support he needed to improve his social skills, speech, fine motor, and behavior.



This past year, Braidyn accomplished a huge goal – starting kindergarten. Braidyn and Madisyn worked together for many months to prepare him to attend school, working on social and listening skills, environmental skills, writing, etc. By the time he was ready to attend school, his fine motor skills were all age-appropriate and he was ready for the school year. “Somehow, Madisyn always seems to find a way to connect with Braidyn,” said Braidyn’s mother, Ceara. “The difference in his capabilities has been like night and day. He’s grown so much. I used to be nervous for the future, but now I know there’s nothing he can’t do with the right guidance.”

Today, Braidyn’s speech has advanced tremendously and can accomplish tasks for a more extended period. He is looking forward to starting first grade in the fall and asks regularly, “can I go to school?” Madisyn is very proud of Braidyn’s accomplishments over the last few years. “I am happy I was a part of making his transition to school a success. Not only that, but school is now something he is excited about. I am excited to see his continued growth and success,” said Madisyn.

We are proud to be a part of Braidyn’s journey. If you have any questions on our supports and services, please call 800-743-6802.

The Expert Corner: Edward Dabrowski, M.D., Pediatric Medical Director, NeuroRestorative Michigan



Dr. Edward Dabrowski maintains a private practice with the Michigan Institute of Neurologic Disorders (MND), is the Chief of Pediatric Physical Medicine and Rehabilitation (PM&R) for the Beaumont Health Legacy System, and is an Associate Professor of PM&R and Pediatrics at the Oakland University William Beaumont School of Medicine. He is also the Muscular Dystrophy Clinic Medical Director and volunteer Medical Director at the Variety Myoelectric Center. Dr. Dabrowski continues a long-term commitment to patients with traumatic brain injuries, including comprehensive care for individuals of all ages and complexity. To learn more on Dr. Dabrowski, please go to neurorestorative.com/team-member/edward-dabrowski-m-d/.

NeuroRestorative has 25+ years of experience caring for children and adolescents under 21 with developmental, behavioral and cognitive delays and challenges. Children in our pediatric programs may present with autism spectrum disorder, neurodevelopmental disorders, dual emotional and developmental disorders, or other neurodevelopmental challenges. Our programs equip children with tools to learn and grow, and live a purposeful life. We use a comprehensive, clinically intensive, trauma-informed therapeutic model including well trained, empathic direct support professionals and on-site experts across disciplines. Our team members include:

- On-site Medical Director & Nurses
- Psychologists
- Registered Behavior Technicians
- Physical Therapists
- Occupational Therapists
- Speech-Language Pathologists
- Vocational Rehabilitation Specialists
- Social Workers

“Our program is very family-centered. We provide a whole continuum of care, which focuses on the child’s needs. Family members and guardians are always part of the decision-making process.” - Edward Dabrowski, MD





NEURO
INSTITUTE

Continuing Education for Rehabilitation Professionals

Neuro Institute offers monthly, one hour online CEU opportunities spanning a variety of topics related to rehabilitation services for individuals with brain, spinal cord and medically complex injuries and other challenges. Below is upcoming event. **Past presentations are available to view for credit by visiting: neurorestorative.com/institute.** CE credit for Case Managers (CCMC), Social Workers (NASW), and Florida RN which provides National Nursing Continuing Education Courses Certification in every state with the exceptions of New Hampshire, Ohio, and Georgia. All other attendees will receive a general certificate of attendance.

FRIDAY, SEPTEMBER 30, 2022, 12-1 PM (EST)



Topic: Brain injury and Parkinson's Syndrome

Speaker: Andrew Cole, MD, Medical Director, NeuroRestorative Michigan, Vice Chief of Staff, Kalkaska Memorial Health Center

Learning Objectives

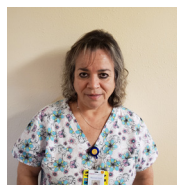
- Understand the relationship between brain injury and the development of Parkinson's Syndrome.
- Understand some of the signs and symptoms of Parkinson's Syndrome.
- Learn what to do to help improve function in your patient's/clients with Parkinson's Syndrome.

To register or learn more, visit neurorestorative.com/institute.

NeuroRestorative Heroes

NeuroRestorative Heroes celebrates team members whose actions make them a hero to those we serve or their colleagues. This quarter, we celebrate six outstanding employees for their dedication to the individuals we serve.

FY22 Q3 Heroes



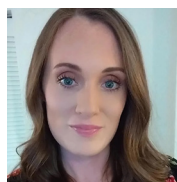
Marissa Ayyad

Assistant Director of Nursing
NeuroRestorative California



Tangela Lane

Residential Supervisor
NeuroRestorative Texas



Nicole Fritch

Recreational Therapist
NeuroRestorative Iowa



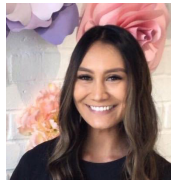
Kristy McKnight

Residential Supervisor
NeuroRestorative California



Christen Fodera

Business Program Manager
NeuroRestorative Michigan



Jessica Park

Speech-Language Pathologist
NeuroRestorative Texas



Eric Hamilton

Licensed Vocational Nurse
NeuroRestorative California

Do you know a NeuroRestorative employee whose actions make them a hero to those they serve or to their fellow colleagues? **Nominate a Hero today! Scan the QR code to submit your nomination(s).**



NeuroRestorative Expands Academy in Bloomington, IL

NeuroRestorative Academy is expanding in Bloomington, IL, to provide services to children and adolescents who experience behavior dyscontrol that compromises their ability to learn in transitional environments. Regardless of diagnosis, the students we serve may demonstrate high frequency/high magnitude behaviors requiring trauma-informed, person-centered environments of care that support each individual to reach their highest potential. Whether a child or adolescent presents with emotional disturbance, multiple disabilities, speech and language delays, or other health impairments, including TBI or neurologic impairment, our residential and day programs can help. Call 800-743-6802 for more information.

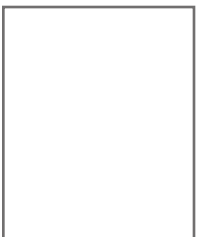


About NeuroRestorative Academy: Residential and Day Programs

NeuroRestorative Academies provide dynamic learning opportunities in a supported, fun, and innovative environment in state-of-the-art school buildings. We have a low teacher-to-student ratio, ensuring personalized attention on each student. The schools are approved/registered or certified by states as a non-public residential facility. We provide an evidence-based curriculum individualized for each student. Our personalized supports and services are designed to promote academic and rehabilitative success, including:

- Academic Testing and Support
- Medical Management
- Social Integration
- Physical Rehabilitation
- Cognitive Rehabilitation
- Family Therapy
- Emotional and Behavioral Supports
- Transitional Living
- Wellness

Contact us: 800-743-6802 | neurorestorative.com |



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