



## PROGRAM / INSTRUCTION EVALUATION

**PROGRAM TOPIC:** Yoga and Brain Health  
**DATE:** 12/13/2019  
**TIME:** 12:00pm-1:00pm  
**LOCATION:** Webinar

**Instructions:** Please circle the most accurate response that reflects your opinion of the Course and/or Instructor.

	Strongly Agree	Agree	Disagree	Strongly Disagree
<b>CONTENT</b>				
1. The content was interesting to me....	4	3	2	1
2. The content extended my knowledge of the topic	4	3	2	1
3. The content was related to my job	4	3	2	1
4. Objectives were consistent with purpose/goals of activity	4	3	2	1
<b>SETTING</b>				
1. The room was conducive to learning	4	3	2	1
2. The learning environment stimulated idea exchange	4	3	2	1
3. Facility was appropriate for the activity	4	3	2	1
<b>FACULTY/PRESENTER EFFECTIVENESS</b>				
1. The presentation was clear and to the point	4	3	2	1
2. The presenter demonstrated mastery of the topic	4	3	2	1
3. The presenter was responsive to participant concerns	4	3	2	1
<b>INSTRUCTIONAL METHODS</b>				
1. The instructional methods illustrated the concepts well	4	3	2	1
2. The handout materials are likely to be used as reference	4	3	2	1
3. The teaching strategies were appropriate for the activity	4	3	2	1
<b>LEARNER ACHIEVEMENT of OBJECTIVES:</b>				
1. Following the participation in this educational activity the learner will be able to Understand the scientifically proven benefits of yoga for the mind & body.	4	3	2	1
2. Following the participation in this educational activity the learner will be able to understand the components of yoga that are emphasized with NeuroRestorative patients.	4	3	2	1
3. Following the participation in this educational activity the learner will be able to discuss a specific practice of yoga that leverages posture, breath and meditation.	4	3	2	1

**General Category:**

1. How will you apply what you have learned from this course in your practice setting?
  
2. Any suggestions for future offerings based on knowledge you've gained today?