



Continuing Education Questionnaire

Write Your Name:

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“How to Impact Initiation in Brain Injury Recovery”

1. Which of the following is true for the frontal lobes?
 - A. Approximately 30% of the brain mass is the frontal lobe
 - B. The frontal lobes regulate and manage the entire brain system
 - C. The frontal lobes can be broken down into smaller components that help to understand the many tasks this system manages
 - D. All of the above
 - E. None of the above
2. The frontal lobes help to manage the following...
 - A. Social regulation
 - B. Awareness of self and deficit(s)
 - C. Initiation
 - D. All of the above
 - E. None of the above
3. The frontal lobes manage language and cognition (thinking). Other cognitive functions that are regulated in this system include...
 - A. Attention
 - B. Moderate to complex processing
 - C. Memory integration
 - D. Visual-perceptual skills
 - E. Items A and B
 - F. Items C and D
 - G. Items A, B, C
 - H. None of the above
4. In brain injury, the frontal lobes can be impacted causing significant impairment in the following:
 - A. Self-directed behaviors
 - B. Problem solving
 - C. Emotional control
 - D. All of the above
 - E. A and C only
 - F. B and C only



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5. Executive Functions refers to the integrative cognitive processes that determine goal-directed and purposeful behavior. Which is true?
- A. Executive functions are not part of the frontal lobes
 - B. Executive functions are part of the frontal lobes
 - C. Executive functions allow for the orderly execution of daily functions
 - D. A only
 - E. B and C only
6. Executive function deficits are most evident in the following situations after injury...
- A. In familiar surroundings with familiar people
 - B. In unfamiliar surroundings with unfamiliar people
 - C. In novel situations
 - D. In complex situations
 - E. B only
 - F. A, C, D only
7. Research completed in 2016 revealed there is a neurobehavioral syndrome. Which is not included in this syndrome?
- A. Irritability, Agitation, and Aggression
 - B. Impaired Awareness
 - C. Impaired Initiation
 - D. Impaired Memory
8. When considering Initiation and Inhibition, which is not true?
- A. Inhibition is the stopping of an activity, behavior, thought, or mood
 - B. Initiation is the starting of an activity, behavior, thought, or mood
 - C. Initiation can be evaluated when completing simple tasks
 - D. Inhibition is part of the planning phase
9. Cognitive hierarchy does not include which of the following?
- A. Initiation and Inhibition
 - B. Sensory information
 - C. Memory
 - D. Language comprehension and expression
 - E. Study Skills
10. In the current research of Lewis & Horn (2017), Initiation accounts for the following percentage of outcome in post- hospital care?
- A. 41%
 - B. 32%
 - C. 9%
 - D. 6%



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11. The following is a basic strategy when working with executive dysfunction.
- A. Identify the task, implement, plan, compare results, evaluate outcome**
 - B. Identify the task, plan, implement, compare results of expected to actual, evaluate outcome**
 - C. Plan, implement, compare results of expected to actual, evaluate outcome**
12. When completing rehabilitation efforts for executive dysfunction and initiation impairments, the level of injury has an impact on the strategies used. Which of the following is NOT true?
- A. In mild injuries, greater focus can be placed on internalized strategies but external strategies are also important**
 - B. In moderate injuries, the focus is equal emphasis for internalized and externalized strategies**
 - C. In severe injuries, greater focus can be placed on externalized strategies but internalized strategies can be used as a person shows more recovery**
 - D. It does not matter if you use internalized or externalized strategies, executive deficits do not improve**
13. Which is true regarding medication use and initiation impairments?
- A. Medications are not helpful**
 - B. Medications might be helpful**
 - C. Medications have shown to be effective, especially if dopamine regulation is the goal**
 - D. Only mood stabilizers have been shown to be effective**
14. Initiation impairment can be from many sources including resistance to intervention or treatment. Which is false?
- A. Psychological resistance is related to “not wanting to do it**
 - B. Cognitive resistance is related to being cognitively overwhelmed by the task at hand**
 - C. Resistance can be a sign that the person is not ready to progress to the next level of difficulty**
 - D. Resistance should be ignored because it implies laziness in the person being treated**