



Continuing Education Questionnaire

Suicide and Neurological Injury: Prevalence and Updates

Write Your Name:

Once this form is completed, please submit to institute@neurorestorative.com

1. Is suicide prevalent in the United States?

- a. It is the primary leading cause of death in the US
- b. It is the 8th leading cause of death in the US
- c. It is the 10th leading cause of death in the US
- d. It is the 12th leading cause of death in the US

2. Approximately _____ Americans age 10 or older died by suicide.

- a. 22,000
- b. 34,000
- c. 45,000
- d. 67,000

3. Suicide is caused by:

- a. A single factor
- b. Multiple factors
- c. Unknown factors

4. Research has shown that >50% of those who died by suicide did not have a known diagnosed mental health condition at the time of death. Some of the potential causes include:

- a. Relationship concerns
- b. Substance use/misuse
- c. Financial difficulties
- d. Physical health concerns
- e. All of the above
- f. None of the above

5. Research has shown the most common method of suicide is:

- a. Drowning
- b. Intentional car accident
- c. Use of firearm
- d. Overdose



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6. **The Center for Disease Control indicated that there has been an increase in rate of suicide in the United States by what percentage?**
 - a. 10.0%
 - b. 25.4%
 - c. 57.6%
 - d. None of these

7. **Traumatic brain injury has shown an increase with intentional self-harm. The increase per 100,000 persons is currently:**
 - a. 2.5%
 - b. 5.5%
 - c. 7.5%
 - d. 10.0%

8. **Those who have suffered from stroke (including the residual effects) show an overall rate of ___% of suicidal ideation.**
 - a. 4.2
 - b. 8.1
 - c. 11.8
 - d. 15.9

9. **One factor that helps to reduce the risk of suicide after stroke.**
 - a. Past history of depression
 - b. Higher stroke severity
 - c. Cognitive impairment
 - d. Being married

10. **Chronic pain may also be a factor in suicidal ideation and completion. Which statement is incorrect from the research?**
 - a. 8.8% of study participants had evidence of chronic pain
 - b. There was an increase in suicide and chronic pain from 2003 to 2014
 - c. 53.6% of suicide decedents with chronic pain died of firearm-related injuries
 - d. Chronic pain has no contribution to suicide

11. **Interventions for suicidal ideation, intent and plan may include:**
 - a. Education regarding prevalence of ideation and completion
 - b. Psychological intervention including cognitive-behavioral therapy
 - c. Psychiatric/ medical intervention including use of medication to help reduce symptoms
 - d. A – C options
 - e. None of the above