



## Continuing Education Questionnaire

**Topic:** PTSD, Covid-19 and the Injured Worker

**Date:** January, 28, 2022

**Write Your Name:** \_\_\_\_\_

Once this form is completed, please submit to [institute@sevitahealth.com](mailto:institute@sevitahealth.com)

1. Which of the following is not a Covid health risks?
  - a. Fever
  - b. Cough
  - c. Fatigue
  - d. Halitosis
  
2. There are many conditions that can occur from Covid. What does SARS mean?
  - a. Severe Acute Respiratory Syndrome
  - b. Severe Acute Renal Syndrome
  - c. Severe Allergic Reaction Syndrome
  - d. Symptoms and Allergies Response Syndrome
  
3. Following Covid infection, persons may experience neurological signs. In fact, delirium may occur and 20% of those cases result in death. The following are additional neurological signs that can be experienced. Which one is not a neurological sign or condition?
  - a. Confusion
  - b. Loss of taste
  - c. Loss of smell
  - d. Gluten intolerance



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4. Neuropathology is the investigation as to the “why” when a person presents with neurological impairment. Which of the following are visible on an MRI or CT of the brain?
- a. Hemorrhage
  - b. Cytokine Storm (cloudiness)
  - c. A only
  - d. B only
  - e. A & B
5. If neurological impairment occurs following Covid infection, is neurological rehabilitation continuum of care appropriate to help an individual improve in her level of functioning?
- a. Yes, and the same course of rehabilitation from inpatient hospital care to home and community would be indicated
  - b. Yes, and the same course of rehabilitation from inpatient hospital care to home and community would be indicated. However, the length of rehabilitation is likely to be extended due to deconditioning effects.
  - c. No, it is best to recover at home.
  - d. No, neurological rehabilitation has no effect on outcome.
6. There is considerable psychological effect from Covid exposure and Covid infection. The following conditions have the highest rate of occurrence with this condition:
- a. Depression
  - b. Anxiety
  - c. Post-Traumatic Stress
  - d. Personality Disorder
  - e. A, B, and C only
  - f. None of the above



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7. Risk of suicide with Covid was shown early on in the research due to the following psychological symptoms. Which one does not belong?
- a. Apathy
  - b. Social isolation
  - c. Hopelessness
  - d. Helplessness
8. If you exert \_\_\_\_\_ then you reduce anxiety because anxiety is about not having \_\_\_\_\_ and not knowing the future.
- a. Force, calmness
  - b. Force, control
  - c. Control, control
  - d. Control, calmness
9. Covid-19 seems to have a circular relationship with PTSD and immunosuppression where persistent stress related to Covid impacts PTSD which impacts immunosuppression leading to increased susceptibility to the virus. What is the hormone that is triggered with a stress response?
- a. Testosterone
  - b. Progesterone
  - c. Cortisol
  - d. Melatonin
10. Acute Stress Disorder is just like Post Traumatic Stress Disorder with one exception... time. What is the time period for Acute Stress Disorder?
- a. Starts by day 3 of the exposure or trauma.
  - b. Ends by day 30 of the exposure or trauma.
  - c. A only
  - d. B only
  - e. A & B