



Continuing Education Questionnaire

Topic: Upper Extremity Restoration in SCI

Date: June 24, 2022

Write Your Name: _____

Once this form is completed, please submit to institute@sevitahealth.com

1. ASIA for spinal cord injured person is :
 - a. a continent
 - b. American Spinal Injury Association
 - c. a therapy technique
 - d. a type of wheelchair

2. Neurologic level of injury is
 - a. Based on bony injury
 - b. Based on motor and sensory level
 - c. Never Changes
 - d. Can only be tested when patient is asleep

3. Tetrapelgia involves
 - a. Legs only
 - b. Trunk Only
 - c. Arms, legs, trunk, pelvic organs
 - d. Pelvic organs only



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4. Key muscle for L2 is
- a. Plantar flexor
 - b. Finger flexor
 - c. Triceps
 - d. Biceps
5. Key muscle for L2 is
- a. Deltoid
 - b. Ankle dorsiflexion
 - c. Hip flexor
 - d. Ankle plantar flexion
6. Motor grade 3/5 is
- a. Full ROM against gravity
 - b. No movement
 - c. Full movement
 - d. Trace movement
7. AIS grade A is
- a. Motor Incomplete: motor function is preserved below neurologic level and at least half or more key muscles below NLI have muscle grade of 3 or greater
 - b. Complete: no sensory or motor function is preserved in sacral segment S4-5
 - c. Sensory Incomplete: sensory, but no motor function is preserved below the neurologic level and includes sacral segments S4-5, AND no motor function is preserved more than three levels below the motor level on either side of body
 - d. Motor Incomplete: motor function is preserved below the neurologic level and more than half of key muscles below single neurologic level of injury have muscle grade less than 3



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8. International Surgical Classification

- a. Evaluates bowel and bladder function
- b. Evaluates ADLs
- c. Evaluates muscles available for tendon transfers
- d. Evaluates speech

9. Tendon transfers

- a. Improve function
- b. May require restrictions and/or bracing post op
- c. Have increased certainty of outcome
- d. All of the above

10. Nerve transfers results can take

- a. One month
- b. One week
- c. Up to 9 months or greater
- d. Four weeks