



## Topic: Neurosurgical Perspectives on Stroke Date: September 25, 2020

## Write Your Name:

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1. What are reasons that a stroke often has lasting impairments?

 $\square$  a. Most patients present immediately to the emergency room when stroke symptoms are present

- $\Box$  b. There is usually adequate warning before a stroke to treat the underlying risk factors
- □ c. Brain cells can regenerate to allow recovery
- □ d. Brain cells die within minutes in the absence of oxygen and nutrients
- 2. Which is not a controllable risk factor for stroke?
  - □ a. Obesity
  - □ b. Smoking
  - $\Box$  c. Age over 70 years
  - □ d. Exercise routine
- 3. Which is a feature of a TIA?
  - $\Box$  a. There is not any blockage of blood flow to the brain
  - □ b. Symptoms generally resolve in 2-3 hours
  - $\Box$  c. They are caused by emboli or dislodged arterial plaque from arteries or the heart
  - □ d. A stroke or another TIA will never recur



## Continuing EURO Education Questionnaire

- 4. How do strokes effect the U.S. economy?
  - $\Box$  a. It is the leading cause of death in the U.S.
  - □ b. Direct and indirect costs of stroke are minor
  - □ c. Stroke results in long-term disability more than any other cause
  - □ d. Increasing hospital costs are reducing access to care
- 5. What is the most common 'clot busting' drug that can be given either intravenously (I.V.) or intra-arterially (L.A.)
  - 🗆 a. Warfarin
  - □ b. Plavix
  - □ c. Aspirin
  - □ d. Tissue plasminogen activator (tPA)
- 6. When should a patient consider a carotid endarterectomy surgery?
  - $\Box$  a. To alleviate chronic neck pain
  - □ b. After experiencing a TIA, a carotid ultrasound demonstrates a severe (>70%) vessel blockage
  - $\Box$  c. To allow continued smoking without the risk of stroke
  - $\Box$  d. Routine surveillance ultrasound ordered by the primary care demonstrates a 50% vessel blockage
- 7. Which is true for carotid angioplasty and stenting?
  - $\Box$  a. Stroke risks are high for these procedures
  - $\Box$  b. The procedure is performed through an incision in the neck
  - $\Box$  c. The vessel occlusion time is less than that for open carotid endarterectomy surgery
  - □ d. Patients with severe medical risks should undergo an open endarterectomy surgery



## EURO Education Questionnaire Continuing

- 8. Which brain location is most likely to require surgery to remove a hemorrhage?
  - □ a. Cerebellum
  - □ b. Brain stem
  - □ c. Frontal lobe
  - □ d. Hypothalamus
- 9. What are the characteristics of brain aneurysm anatomy?
  - $\Box$  a. Most are located in the posterior circulation
  - □ b. Most aneurysms are multiple
  - $\Box$  c. Most occur at a weak point at a branch or vessel bifurcation
  - □ d. Most occur when a patient also has an adnominal aortic aneurysm
- 10. Aneurysms can cause sudden death and disability for a relatively young population. What is not a predictor of a favorable outcome?
  - $\Box$  a. The patient has Marfan's syndrome
  - $\Box$  b. The aneurysm is treated early to avoid rebleeding
  - $\Box$  c. The patient is 38 years old

 $\Box$  d. The patient has a severe headache and nausea at presentation to the ED but is fully conscious