



Continuing Education for Rehabilitation Professionals

NEURO
INSTITUTE

Continuing Education
Questionnaire

The Role of Trauma in
NeuroRehabilitation
Outcomes

Write your name:

Once this form is complete, please submit to institute@neurorestorative.com

1. Psychological impairment following combat was recorded by _____ as early as _____.

- Freud; 1950
- Ancient Greek historian Herodotus; 5th Century BCE
- Department of Veteran Affairs; Operation Iraqi Freedom
- Psychiatrist, Lenore Terr; 1970

2. Which version of the Diagnostic and Statistical Manual of Mental Disorders first introduced the diagnosis of PTSD?

- DSM 1
- DSM 2
- DSM 3
- DSM 4

3. “Complex trauma” results in __ domains of impairment and impairment in one domain can lead to _____ impairment:

- 5; cross-domain
- 7; isolated-domain
- 5; no
- 7; cross domain

4. Children are 3 times more likely to be abused if their parent(s):

- Routinely leaves them in the company of a non-parents
- Fantasizes about giving them up for adoption
- Abuses alcohol and/or illicit substances
- Has a lower IQ

5. Allostatic load refers to:

- Static shock
- The load of each bodily organ
- The “wear and tear” of chronic trauma
- Changing sensory awareness of the trauma environment

6. Based on the principles of neuroplasticity, the human brain is able to repair/remap itself _____:

- Until age 35
- Only up to age 21
- Up to age 65
- Throughout life with some exceptions

7. Learned helplessness refers to:

- Behavior exhibited by a subject after enduring repeated aversive stimuli beyond their control.
- Behavior exhibited by a subject with an intellectual disability
- Behavioral exhibited by a subject with a learning disability
- Someone who feels helpless and cannot learn new information despite trying all learning formats

8. Trauma influences personality by means of _____:

- Only the Sympathetic Nervous System
- Only the Parasympathetic Nervous System
- A complex process of imprinting on our neural circuitry
- Damage to the occipital lobe

9. Trauma influences _____ which leads to _____ of Brain Derived Neurotrophic Factor:

- Acute neuroinflammation; increase
- Acute neuroinflammation; decrease
- Chronic neuroinflammation; increase
- Chronic neuroinflammation; reduction

10. Psychotic syndromes are more prevalent in _____:

- a) Mood disorder
- b) Moderate to severe traumatic brain injury
- c) Victims of trauma
- d) A & B