



Continuing Education for Rehabilitation Professionals

NEURO  
INSTITUTE

Continuing Education  
Questionnaire

The Role of Trauma in  
NeuroRehabilitation  
Outcomes

**Write your name:**

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**1. Psychological impairment following combat was recorded by \_\_\_\_\_ as early as \_\_\_\_\_.**

- Freud; 1950
- Ancient Greek historian Herodotus; 5<sup>th</sup> Century BCE
- Department of Veteran Affairs; Operation Iraqi Freedom
- Psychiatrist, Lenore Terr; 1970

**2. Which version of the Diagnostic and Statistical Manual of Mental Disorders first introduced the diagnosis of PTSD?**

- DSM 1
- DSM 2
- DSM 3
- DSM 4

**3. “Complex trauma” results in \_\_ domains of impairment and impairment in one domain can lead to \_\_\_\_\_ impairment:**

- 5; cross-domain
- 7; isolated-domain
- 5; no
- 7; cross domain

**4. Children are 3 times more likely to be abused if their parent(s):**

- Routinely leaves them in the company of a non-parents
- Fantasizes about giving them up for adoption
- Abuses alcohol and/or illicit substances
- Has a lower IQ

**5. Allostatic load refers to:**

- Static shock
- The load of each bodily organ
- The “wear and tear” of chronic trauma
- Changing sensory awareness of the trauma environment

**6. Based on the principles of neuroplasticity, the human brain is able to repair/remap itself \_\_\_\_\_:**

- Until age 35
- Only up to age 21
- Up to age 65
- Throughout life with some exceptions

**7. Learned helplessness refers to:**

- Behavior exhibited by a subject after enduring repeated aversive stimuli beyond their control.
- Behavior exhibited by a subject with an intellectual disability
- Behavioral exhibited by a subject with a learning disability
- Someone who feels helpless and cannot learn new information despite trying all learning formats

**8. Trauma influences personality by means of \_\_\_\_\_:**

- Only the Sympathetic Nervous System
- Only the Parasympathetic Nervous System
- A complex process of imprinting on our neural circuitry
- Damage to the occipital lobe

9. Trauma influences \_\_\_\_\_ which leads to \_\_\_\_\_ of Brain Derived Neurotrophic Factor:

- Acute neuroinflammation; increase
- Acute neuroinflammation; decrease
- Chronic neuroinflammation; increase
- Chronic neuroinflammation; reduction

10. Psychotic syndromes are more prevalent in \_\_\_\_\_:

- a) Mood disorder
- b) Moderate to severe traumatic brain injury
- c) Victims of trauma
- d) A & B