



# Continuing Education Questionnaire

**Write Your Name:**

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**“Spinal Cord Injury from Dependence to Adaptive Independence”**

1. What is the most common cause of SCI?

- A. Falls
- B. MVA
- C. Sports
- D. Violence

2. What percentage of Spinal Cord injured cases are alcohol related?

- A. 10%
- B. 50%
- C. 25%

3. What is the most common site for SCI?

- A. Sacral
- B. Cervical
- C. Lumbar
- D. Dorsal

4. What are 3 medical issues that are commonly found in Spinal Cord Injured Survivors?

- A. Aggression, melancholy, ataxia
- B. Diabetes, hypertension, astigmatism
- C. Vertigo, dysgeusia, aphasia
- D. UTI, pressure sores, pain
- E. Memory loss, sleeplessness, irritability

5. What is the primary functions deficit with a C1-C3 Spinal Cord Injury?

- A. Anosmia
- B. Visual Dysfunction
- C. Respiratory Dysfunction



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6. Spastic Hypertonia can be advantageous in a patient with SCI? ?

- True**
- False**

7. Autonomic Dysreflexia is typically found below the T6 Spinal Cord Level.

- True**
- False**

8. What are 3 symptoms of Autonomic Dysreflexia?

- A. Vision issues, Headache, Goose bumps**
- B. Constipation, Nausea, Dry Mouth**
- C. Insomnia, Heat intolerance, Puffy eyes**
- D. Cramping, Delirium, Elevated temperature**

9. A patient with a C7 SCI will have a normal grip strength.

- True**
- False**

10. The first thing to do with a patient suffering from Autonomic Dysreflexia is to lay them down.

- True**
- False**