



## NeuroRestorative Carbondale

Brain Injury Rehabilitation Programs and Services for Children & Teens

When a child or adolescent has a brain injury or other neurological challenge, they need a supportive, compassionate environment where they can continue to learn and grow, develop friendships and just enjoy being a kid while receiving specialized rehabilitative services to meet their needs.



Our experts specialize in the treatment of brain injury from a variety of causes, including sports-related brain injury in children and adolescents.

# Programs & Services

Our programs and services for children and adolescents are delivered in community-based settings where our young participants receive structured support and compassionate care. We serve children and teens ages 11-20 depending on their individual needs and offer the following programs:

**Neurorehabilitation.** We use active rehabilitation to help children and adolescents achieve their potential and reach their goals, including returning home and back to school.

**Neurobehavioral.** Our neurobehavioral programs help children and adolescents learn practical and effective self-management strategies that allow them to better manage their behaviors and reactions in everyday situations.

**Transitional Living.** We offer specialized therapeutic services to enhance an adolescent's functional and behavioral abilities, enabling them to successfully transition into adulthood.

**Outpatient.** We provide ongoing care to help youth continue their medical and physical recovery as well as support for daily life issues and other challenges that may develop after returning home.





In all of our programs, we offer an array of comprehensive services based on the needs and goals of each child or adolescent, including:

- Physical Therapy
- Speech-Language Pathology
- Occupational Therapy
- Behavior Analysis & Therapy
- Case Management
- Medical Care Coordination
- Physician Consultation
- Life Skills Training
- 24-Hour Staff Support
- Health & Wellness Services
- Family Education & Training
- Specialized School & Educational Services



## | Academic Program

We know how important it is that a child or adolescent continues his or her education while receiving services and supports for a brain injury or other neurological challenge. Equally as important is the support and acceptance of peers, especially during the teenage years.

Approved by the Illinois State Board of Education as a nonpublic residential facility, our Adolescent Integration School not only offers students a nurturing environment to continue their education during their rehabilitation, but an atmosphere that helps them build friendships with peers who share some of the same experiences. Our students not only learn academics, but they also learn strategies that will assist them in the future as they transition home and into other educational environments.

At NeuroRestorative Carbondale's Adolescent Integration School, we strive to create an atmosphere in which students feel included, proud and comfortable with who they are, preparing them for who they will become.



Where others see barriers,  
we see possibilities for  
empowering children and  
adolescents to regain  
their confidence and  
independence to reach their  
potential and achieve  
their dreams.

# Noah's Story

In July of 2009, 13-year-old Noah Luster, a sweet, shy boy about to begin his 8th grade year of school, was riding his bike with a friend when he was struck by a car. Noah was not wearing a helmet.

Noah's mother Toni recalls the relief she felt when doctors told her that Noah hadn't suffered any broken bones. "I was told he had a mild concussion and I figured he would be fine in about a week," said Toni. "But that was not the case."

What began with a host of symptoms, including seizures, intense headaches, memory issues, sensitivity to light and trouble sleeping, quickly grew into a complete personality change.

"He was agitated all the time, negative and frustrated," said Toni. "He lost all of his friends and missed nearly an entire year of school."

At the time, Toni did not know if Noah's volatile behavior was due to the accident, a mental illness, or if it could be chalked up to teenage rebellion. Noah underwent numerous tests before finally being diagnosed with a traumatic brain injury (TBI).



Nearly two years after Noah's injury and desperate for help, Toni contacted a local program for troubled teens who told her about NeuroRestorative. Not long after, Noah entered NeuroRestorative Carbondale's Adolescent Integration Program. "It was our first glimmer of hope," said Toni.

"It wasn't easy," said Toni. "Noah was defiant at first and maintained a negative attitude, but slowly and surely he came around, and I started to notice a huge difference. He no longer dreaded therapy and began to really open up."

While at NeuroRestorative Carbondale, Noah learned how to manage his behavior and to deal with situations appropriately through neurobehavioral therapy. His rehabilitation also focused on increasing his level of independence through routines of personal hygiene and daily chores, and cognitive functioning, such as problem-solving skills and reading comprehension. In addition, Noah was able to maintain his grade level in school while progressing through his rehabilitation program at the onsite Adolescent Integration School.

In April 2012, armed with a discharge plan that he would continue to follow with Toni's help, Noah returned home to his family and back to school.

"The sweet, easy-going Noah is back and almost better than before," said Toni. "NeuroRestorative has been life-changing for us. It not only saved Noah, but it saved our whole family."





## About Us

At **NeuroRestorative Carbondale**, our team of experts treats each child or teen as an individual and involves the entire family in the treatment process. Through each individualized treatment plan, we focus on helping our young participants to acquire the skills necessary to live their lives with confidence and independence while ensuring they remain on track with meeting every typical developmental milestone of adolescence.



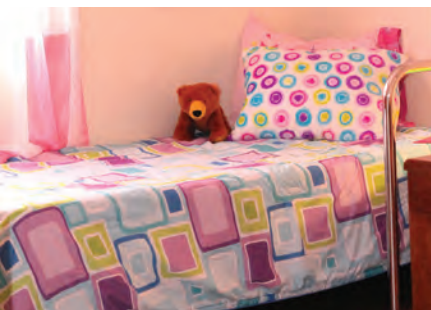
## We Offer:

- A warm and nurturing home-like environment
- An interdisciplinary treatment team including clinicians, therapists, and case managers
- Bright, engaging classrooms where children and adolescents can continue their academic studies and build friendships with other students
- School approved by the Illinois State Board of Education as a nonpublic residential facility
- Day treatment and community-based residential options
- Comprehensive, cross-disciplinary programs and services
- Age appropriate, integrated functional skill training
- Family-centered care, including training and therapy sessions
- Therapeutic and recreational outings and activities within the community

# Locations & Settings

Located in picturesque Southern Illinois, **NeuroRestorative Carbondale** offers a campus-style setting where children and adolescents live, receive care, and attend school during their stay with us. We provide children and teens with safe, comfortable living environments in which they receive 24-hour

supervision and share a living space with others of comparable ages and levels of rehabilitation. Amenities include a brand-new, state-of-the-art school building, featuring three classrooms, a resource room, a therapy room for group and individual sessions and a new playground with a basketball court and jungle gym.



**Neuro**  
**Restorative**<sup>™</sup>  
*Carbondale*

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