



NeuroRestorative's Supported Living Programs

For Individuals with Brain Injury and Other Neurological Challenges



Our Programs

NeuroRestorative's supported living programs specialize in empowering individuals with brain injury or other neurological challenges to live as independently as possible and become contributing members of the community while still receiving the support they need to improve their quality of life. Participants are encouraged to do as much as possible for themselves, with the knowledge that our staff is there to support them whenever the need arises.

NeuroRestorative's supported living programs offer:

- Support that fosters autonomy, dignity, personal growth and development
- Programs designed to maximize independence in daily living
- Opportunities to achieve a balanced and productive lifestyle
- Safe and healthy environments with medical, physical and emotional support
- Support and encouragement for personal decision-making
- Opportunities to develop rewarding relationships with family and friends
- Integration into community life

“Kevin is finally in a place where he is supported and feels valued.”

- Brenda, mother of a participant of NeuroRestorative's supported living program

A Lifelong Approach

At NeuroRestorative, we believe that rehabilitation is a life-long process and there are always opportunities to continue to learn and strive for success. Our supported living programs are designed to offer flexible, individualized support for people with brain injury as they move through the different phases of their lives. As participants progress along our continuum of care, they are able to retain the skills they developed in earlier stages of rehabilitation, while developing new skills that allow them to continue to achieve their personal goals.

Services and Supports

Our individualized services and supports empower participants to live a healthy lifestyle and build real-world daily living skills so they may become more independent and enjoy a better quality of life. We offer an array of comprehensive services based on the needs and goals of each participant, including:

Case Management. Our case management services offer clear and consistent communication with the participant, the family and the treatment team throughout rehabilitation.


Health & Wellness Coordination. We ensure all of our participants' health and wellness needs are addressed by coordinating care with local community providers. Some of our programs also include nursing services and medical director oversight.

Productive Activity Programming. Our productive activity programming allows participants to take part in leisure education opportunities, academic programs and alternative work opportunities, including individual or enclave supported environments.

Group Therapy. Participants are offered group therapy sessions as needed to enhance personal awareness, self-confidence, social interdependence and personal safety.

Services offered vary by each individual location.

For more information on services offered at a particular location, visit www.neurorestorative.com/services/supported-living.

A woman with dark hair pulled back, wearing glasses and a blue denim jacket, is seated at a desk. She is looking towards the camera with a slight smile. On the desk in front of her are several items: a black joystick controller on the left, a black electronic device in the center, a red and yellow object on the right, and a box of tissues. The background shows a kitchen area with wooden cabinets and a white countertop with a stove.

"I had forgotten what it's like to live again and to be happy."

- Brienne, a participant of
NeuroRestorative's supported living program

Residential Options

NeuroRestorative's supported living programs offer participants the opportunity to live as independently as possible right in their own community. Whether that means supporting an individual as they live in their own home or in one of our residential programs, including our small group residences or supervised apartments, our goal is to empower each individual we serve to improve their quality of life and enhance their independence.

Where others
see barriers,
we see
opportunities
for success.

Blaine's Story

"He is the most awesome guy in the world," said Blaine Shannon of his friend and confidant for the last 11 years, Dave Dixon. Dave also happens to be the Program Director for Governor Hall Place, Blaine's home and one of NeuroRestorative Tennessee's supported living programs where he lives with his four housemates and the house dog, Scruffy Max.

"We really try to enforce a culture here in which **everyone is equal**," said Dave. "Everyone has challenges, but it's all about how you deal with them day to day. The respect that we have for one another, both staff and participants, is what pushes Blaine and the other guys **to be more independent.**"

When **Blaine suffered a traumatic brain injury (TBI)** as a result of a motor vehicle accident while working as a technician in 1994, he experienced personality changes including aggression and poor impulse control, and physical challenges that resulted in the need for him to use a wheelchair to get around.



NeuroRestorative's supported living programs empower individuals, like Blaine, to be more independent by becoming contributing members of the community while still receiving the support they need to **improve their quality of life**. Since living at Governor Hall Place, Blaine has learned to independently manage his activities of daily living (ADLs) such as dressing and grooming himself. He has also learned how to better manage his behavior and emotions by taking the time to think about their consequences. Blaine began to remove himself from situations before his emotions and behavior got out of control, thus enabling his physicians to discontinue the use of behavioral medications in his treatment plan.

Blaine ventures into the community daily. He regularly exercises at the neighborhood YMCA, and actively takes part in meal planning with his housemates, grocery shopping and cooking—Blaine is known for his famous house chili. Blaine also enjoys playing games on his computer, listening to classic rock, watching movies—The Transporter is a recent favorite—and having cookouts on the deck with the guys.

"This is their home and we are here to help them have the best days they can," said Dave.

Community Living

We know how important it is for individuals with brain injury to build strong ties with—and be contributing members of—their own communities. We place a strong emphasis on the importance of achieving a balanced and productive lifestyle, and support our participants in their goals to do so. We recognize that each individual is unique and work to incorporate the interests of the participant in their brain injury rehabilitation plan and ongoing support. Participants are encouraged to pursue personal interests such as music or art, and our staff is there to support them in their goals to do so.



**Neuro
Restorative™**
Rebuilding Lives After Brain Injury

For more information, to schedule a tour
or to make a referral:

Call **800-743-6802**

Email neuroinfo@thementornetwork.com

Visit NeuroRestorative.com